



Goodwill

Industries of Greater Nebraska, Inc.

AUGUST 2024



August Activity/ Appreciation Days:

- National Wellness Month
- Kool-Aid Days, August 16-18

Upcoming events

Hastings:

- Meals on Wheels.
- Volunteering at the Freedom Factory.
- Kool-Aid Days!
- Visit Nebraska Nation Guard in Seward
- State Fair Month!

Grand Island:

- Bowling on Monday & Fridays
- Pop With A Cop
- Kool-Aid Days!

Kearney:

- Bowling
- Movies!
- Adaptive Art Class
- Buffalo County fair!

Month of August

National Wellness Month

Take care of yourself!

National Wellness Month is celebrated in August. It focuses on self-care, reducing stress and being your happiest self. In order to do this, you need to take care of yourself in every aspect of your life, like getting physical therapy!





CPI Training update!



Goodwill has started to prepare for the transition of utilizing CPI to using MANDT across the board in services!

More Information will be coming soon so be on the look out for that in the very near future!!



The Mandt System[®]

+ The Mandt System: A Brief Description

- The Mandt System is a training program that has 3 major components: Relational, Conceptual, and Technical.
- **Relational Skills:** focuses on teaching relationship, communication, and conflict resolution skills.
- **Conceptual Skills:** focuses on teaching positive behavior supports, liability and legal issues, and medical risks of restraint.
- **Technical Skills:** training in providing physical assistance, separation, evasion, and restraint techniques

Family Support Waiver Technical Support Sessions for Nebraska Families

The Division of Developmental Disabilities is hosting private support sessions July 25 to August 2 to provide valuable information about the Family Support Waiver process to families with children on the DD Waitlist.

We invite you to complete the registration form. Talk with you soon!



Registration Form

1



Sign Up!

The session will provide you an opportunity to individually meet 1:1 with members of the Developmental Disabilities Division to gather important information about the FSW process and answer your specific questions. Sessions are scheduled for 30 minutes.

2



Get Connected

After you complete the registration form, you will be matched with our Eligibility & Enrollment staff or Support Coordination staff. After you submit the form, DHHS will email you a link to a session. Sessions are scheduled for 30 minutes.

3



Bring Your Questions

Division of Developmental Disabilities teammates are ready to offer guidance and clarity on the application process, benefits included with the Family Support Waiver, and anything else you would like to know about your services.

NEBRASKA

Good Life. Great Mission.

Monthly Wellness Focus!



Mindful Acceptance

How to practice?

The very first step is to recognize and name your emotions. When faced with a stressful situation at work, pause for a moment and identify your feelings. Is it frustration, anxiety, or stress?

Take a short break to focus on your breath. Pausing and breathing allow you to create space between the stimulus and your response.

Observe your emotions and work-related situations without judgment. Refrain from labeling them as “good” or “bad.” Instead, just acknowledge them as a natural part of your experience.

Treat yourself with compassion. Remember that it's okay to feel what you're feeling.

Understand that there are aspects of your workplace that you can't control. Rather, shift your perspective and view those adversaries as opportunities for growth.

Acceptance doesn't mean resignation. Once you've acknowledged your feelings and circumstances, you can work towards constructively solving the issues at hand.



ATTENTION PLEASE



**Danelle Hayes no longer with Goodwill.
Kylee Moormann will remain as an interim
Director until the position is filled.**

please welcome!

CONNER DEMPSEY!

DSP, GRAND ISLAND

News Release

NEBRASKA
Good Life. Great Mission.
Department of Health and Human Services

FOR IMMEDIATE RELEASE

March 29, 2024

MEDIA CONTACT

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DHHS Launches New Accommodation Services Website

Lincoln, NE – The Nebraska Department of Health and Human Services (DHHS) launched an Accommodation Services [questionnaire website](#) for Nebraskans who require accommodation while seeking DHHS services. This questionnaire will provide referrals to DHHS divisions that can best meet the clients most critical and urgent needs.

"To better serve Nebraskans, it is important we hear from those seeking services to determine what accommodations will help improve their situations," said DHHS CEO Steve Corsi. "We strongly encourage residents who may need accommodations to fill out the questionnaire so we can help meet their needs. Citizens are also welcome to reach out to anyone at DHHS at any time."

The purpose of the questionnaire is to determine if additional accommodations are needed while seeking DHHS services. The questionnaire should take less than three minutes to complete.



The new DHHS Accommodation Services questionnaire:

- Can be filled out by the client or by someone else on their behalf.
- Provides a Questionnaire ID number to help DHHS locate client specific responses.
- Provides the resident with the contact information of the recommended division to reach out to for help.

The DHHS Accommodation Services website is now available to all Nebraskans and Community Partners via the [DHHS website](#).

JOIN OUR TEAM



Are you someone who is passionate about empowering others?  

Goodwill Industries of Greater Nebraska is seeking dedicated individuals to join our team as Direct Support Professionals (DSPs)
Locations: Grand Island, Kearney, and Hastings!
Great benefits package for full-time employees!

 DSPs provide support to individuals with intellectual and developmental disabilities.

DIRECT SUPPORT PROFESSIONALS

Monday – Friday, off by 5:00 p.m. and no weekends required!

Competitive Wages and Benefits!

Goodwill vehicles for providing transportation!

Newly renovated workspace!

LEARN MORE AND APPLY AT
GOODWILLNE.ORG/JOIN-OUR-MISSION/CAREER



JOIN WITH US!

Are you someone who is passionate about empowering others?

Goodwill is seeking dedicated individuals to join our team as Direct Support Professionals (DSPs) in Grand Island, Kearney, and Hastings!
DSPs provide support to individuals with intellectual and developmental disabilities. Duties may include:

- Assist participants in the community with fun activities such as bowling, fishing, and volunteering.
- Encourage participants to self-advocate, in order to live independent and fulfilling lives.
- Utilize Positive Support Programs to guide daily interactions.
- Provide person-centered support.



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